Whenever I leave home,  
I choke on the aftertaste of shortbread  
and tear my clothes in an open field;  

I drift in the dust of country stores  
and make grass rise out of my cheek. It’s better  
when I return a cub to its den. It’s better  

when the sky is mauve blankets.  
It’s better that the bush isn’t consumed.  
It’s better when I write autobiography.  

My mind is the late Sabbath candle.  
My temple burns with reasons to exist.  
A cup of water is just within reach. I put  

my hand to the plow in a field of wheat.  
I weep at the color green. I taste  
salt in lemon cake. I offer myself  

to the ancient texts, words strong  
as leviathan and robe,  
words full of hammers and lamps. As soon  

as they are spoken, an angel flies  
with the sound of a trumpet; I will study  
that air a little; I will not agitate it. I am a child  

of eternal mirrors. I was born in a seal;  
I breathe because of fervor, because  
of the watchmen’s grace; I forget  

creation has not ended. I seek for  
the condition of the hat’s shelter, the mime’s  
speaking shadow. I harvest olives and grapes.  

I confess noonday in the Book of Mormon:  
it is Joseph’s front door, it is a vial of oil, one  
of the psalms in a dead man’s quiver, one child  
poking through the straw and leaves.  
On the eve of new knowledge, on the eve  
of an open shrift, I cook husks primed  

for a sheep’s belly, I gurgle a cup of brack  
from the Great Salt Lake; I recall that home  
will diminish the moon, candles will die  

in the bushel, fields will reap the dusk’s glaze.  
I stand with white cloth reading  
Young and Smith. I look for a shortcut  

to Temple Square. A stranger grabs  
the back of my feet. I tell him of the sweet roll  
in my stomach. I point to the vanilla  

between my teeth. I say, It’s what I taste  
before sleep; what I wake up to. He says,  
“It’s the altar you can’t forget.”  

—Mark Bennion