

That They May Be Light

Stephanie Hock

When covenant women are together, they become each other's shelter. The storms might be raging around them, but they don't feel the rain or hear the thunder because they're so busy laughing and loving each other. They carry burdens collectively as they walk forward toward the light. They encourage each other to keep going and lean on each other when it's hard. I have found that walking through the storms of life with these women at my side has brought more relief than I could ever imagine. Physically, they've helped me with house moves, babies, sicknesses, work, laundry, and so much more. Emotionally, they have cried with me, laughed with me, listened to my feelings, and provided wisdom and strength so I haven't felt so alone. Spiritually, they've succored me and pointed me toward the one Redeemer who is the source of all true relief. I believe the work of Relief Society speaks to the very heart of our covenant to "bear one another's burdens, that they may be light" (Mosiah 18:8). And I believe the promise of light isn't just relief from heaviness but a promise of being a light to each other as we are filled with the light of Christ.